

2025 CT Little League District 6 Softball Rules

A - Coach Pitch (ages 5-7)

Outside of the following district rules, LL SB rules apply

1. 100% coach pitch.
2. All batters must hit from the tee the first inning unless agreed otherwise by both team managers.
3. Beginning in the 2nd inning, the coach will pitch up to 6 pitches. After that the batter will hit from the tee. This is an effort to keep the game moving.
4. No bunting
5. No walks or strikes are to be recorded.
6. No stealing
7. No advancing bases on an overthrow
8. If a batted ball leaves the infield, the batter may continue to run the bases until the ball returns to the infield.
9. Continuous batting order with no limit to the number of outs recorded. Each team should bat the same number of batters (*if one team has 8 players and the other team has 5 players, both teams get 8 at bats per inning*).
 - a. After Memorial Day outs are recorded and teams switch sides after three outs.
10. No limit to the number of fielders on the field, but there may only be one fielder per infield position (*extra fielders must be in the outfield*).
11. Coaches are encouraged to back up the catcher.
12. Hit by pitch rule does not apply.
13. Coaches will umpire (out/safe, foul/fair; no balls or strikes).
14. Games are 90 minutes MAX.
15. Use 10" RIF-1 ball Optic Yellow

2025 CT Little League District 6 Softball Rules

AA- Minors (ages 7-9)

Outside of the following district rules, LL SB rules apply

1. 100% coach pitch until Mother's Day (unless agreed upon by BOTH managers prior to game start).
 - a. After Mother's Day - player pitch.
2. Players pitch from 35 feet. Cannot be modified.
3. Players pitch but there are NO WALKS. After the 4th ball in a single at bat, the coach will pitch
 - a. The strike count carries over and the batter can strike out (swinging or looking), but still cannot walk.
 - b. After 3 consecutive "walks" the coach will finish the inning.
 - c. No hit by pitch (coach or player pitch)
4. No bunting
5. No stealing or advancing bases on passed balls or wild pitches
6. Advance allowed on overthrown balls in the infield. No advancement on errant throws from the catcher to the pitcher.
7. Continuous batting order unless 3 outs are recorded. Each team should bat the same number of batters *(if one team has 8 players and the other team has 5 players, both teams get 8 at bats per inning)*.
8. No limit to the number of fielders on the field, but there may only be one fielder per infield position *(extra fielders must be in the outfield)*.
9. Maximum of 5 runs per inning. Including the last inning
10. Coaches are encouraged to back up the catcher.
11. Courtesy runner allowed for the catcher only and only with 2 outs. Runner is to be the player who recorded the last out.
12. Coaches and Approved Parent Volunteers umpire
13. Games are a 2 hour drop dead maximum. No new inning can begin after 1 hour 45 minutes

2025 CT Little League District 6 Softball Rules

14. A pitcher gets 5 warm up pitches before the start of the game's first inning and 3 warm up pitches in consecutive innings even in the event of a pitcher change.
15. 11" RIF 10-ball Optic Yellow

Managers and Coaches should reference the LL SB rule book app for all other playing rules.

2025 CT Little League District 6 Softball Rules

AAA- Minors (ages 9-10)

Outside of the following district rules, LL SB rules apply

1. Play by all Little League Rules with the following exceptions
 - a. No infield Fly Rule
 - b. No uncaught third strike
 - c. Continuous batting order (all players in batting line up) If a player leaves early or is removed due to injury, that slot is skipped without penalty.
2. Players pitch at 35 feet. No coach pitch. Provide pitching rubber and 8 foot pitching circles when possible.
3. Only 9 fielders allowed
4. Courtesy runner allowed for the catcher only and only with 2 outs. Runner is to be the player who recorded the last out.
5. Stealing:
 - a. A player may only steal 2nd base on a passed ball or a wild pitch.
 - b. No restrictions on stealing 3rd base.
 - c. Limit of 2 runs per inning on passed ball / steal of home.
6. Maximum of 5 runs per inning every inning
 - a. Includes last inning
 - b. No end-of-game run rule - keep playing.
7. Girls LL age 12 are permitted to play, but may not pitch.
8. Sanctioned LL, Pony or ASA umpires youth or adult. No parent or coach umpiring.
9. Games are 2 hour MAX, drop dead at 2 hours.
 - a. No new inning after 1 hour 45 min.
 - b. If no games scheduled immediately after the game may be extended with agreement of both managers and umpires.
10. A pitcher gets 5 warm-up pitches before the game's first inning, 3 warm-up pitches for all other innings. A new pitcher

2025 CT Little League District 6 Softball Rules

gets 5 warm-up pitches in their first inning and then 3 warm up pitches each consecutive inning.

11. Standard 11" Optic Yellow Ball only (0.47 COR)

Managers and Coaches should reference the LL SB rule book app for all other playing rules.

2025 CT Little League District 6 Softball Rules

Majors (ages 10-12)

1. Play by all Little League Rules including
 - a. Infield Fly
 - b. Dropped 3rd strike
2. Players pitch at 40 feet
3. Continuous batting order (all players in the batting line up).
 - a. If a player leaves early or is removed for injury that slot in the order is SKIPPED
 - b. No OUTS are awarded for skipped batters
4. Only 9 fielders allowed.
5. Courtesy runner for catcher only and only with 2 outs. Runner is the player who made the last out. You cannot select a runner.
6. There is no run rule per inning
7. 15 runs after 3 inning game run rule - LL rules
8. 10 runs after 4 inning run rule-LL rules
9. Sanctioned LL, Pony or ASA umpires youth or adult. No parent or coach umpiring.
10. Pitcher gets 5 warm-up pitches before the game's first inning. 3 warm-up pitches for all other innings, except in the event of a pitcher change, then 5 pitches.
11. Standard 12" Optic Yellow ball only (.47 COR)

Managers and Coaches should reference the LL SB rule book app for all other playing rules.

2025 CT Little League District 6 Softball Rules

Juniors (ages 13-15)

1. Play all normal LL softball rules,
2. Players pitch at 43'.
3. Continuous batting order (all players in batting line up).
 - a. Player leaves mid game or is injured SKIP position in lineup
 - b. NO OUTS are to be awarded.
4. Only 9 fielders allowed.
5. Courtesy runner for the catcher only and only with 2 outs. Runner is the player who made the last batted out. You cannot select a runner.
6. Pitching restrictions per LL rules.
7. No 15 year olds can pitch.
8. Infield fly rule enforced and dropped 3rd strike rule.
9. Sanctioned LL, Pony or ASA umpires youth or adult. No parent or coach umpiring.
10. Pitcher gets 5 warm-up pitches before the game's first inning. 3 warm-up pitches for all other innings, except in the event of a pitcher change, then 5 pitches
11. Standard 12" Optic Yellow ball only.

Managers and Coaches should reference the LL SB rule book app for all other playing rules.